

Formula for a sample standard deviation

$s = \sqrt{\frac{\sum_{i=1}^n (x_i - \bar{x})^2}{n-1}}$	where \bar{x} is the sample mean and $\sum_{i=1}^n (x_i - \bar{x})^2$ can be explained as, replace the letter i with values from 1 all the way up to n, calculating the equation each time and then add them all up
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For our sample, this becomes:

$$\begin{aligned}
 s &= \sqrt{\frac{(141-141.1667)^2 + (155-141.1667)^2 + (130-141.1667)^2 + (146-141.1667)^2 + (141-141.1667)^2 + (134-141.1667)^2}{6-1}} \\
 s &= \sqrt{\frac{(-0.1667)^2 + (13.8333)^2 + (-11.1667)^2 + (4.8333)^2 + (-0.1667)^2 + (-7.1667)^2}{5}} \\
 s &= \sqrt{\frac{0.0278 + 191.3602 + 124.6952 + 23.3608 + 0.0278 + 51.3616}{5}} \\
 s &= \sqrt{\frac{390.8334}{5}} \\
 s &= \sqrt{78.1667} \\
 s &= 8.841192... \\
 s &= 8.84 \text{ (2 d.p.)}
 \end{aligned}$$

The tables below show the use of formulae to demonstrate this:

Data	Data - Mean	(Data - Mean) ²	Value	Value - Mean	(Value - Mean) ²	
141	-0.1667	0.0278	141	=B2-B\$10	=C2*C2	
155	13.8333	191.3611	155	=B3-B\$10	=C3*C3	
130	-11.1667	124.6944	130	=B4-B\$10	=C4*C4	
146	4.8333	23.3611	146	=B5-B\$10	=C5*C5	
141	-0.1667	0.0278	141	=B6-B\$10	=C6*C6	
134	-7.1667	51.3611	134	=B7-B\$10	=C7*C7	
Sum	847	0.0000	Sum	=SUM(B2:B7)	=SUM(D2:D7)	
Divide by	6	5		(C2:C7)		
Mean	141.1667	78.1667	Divide by	=COUNT(B2:B7)	=COUNT(B2:B7)-1	
Std Dev	8.8412	Square Root	Mean	=B8/B9	=D8/D9	
Variance	78.16667		Std Dev	=STDEV.S(B2:B7)	Square Root	=SQRT(D10)
			Variance	=VAR.S(B2:B7)		